



Granada Hills North Neighborhood Council Suggested Emergency Preparedness Items

Backpack Items in Vehicle

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| Water purification tablets | Insurance policy numbers and phone numbers for agents |
| Electrolyte replacement tablets | Plastic goggles |
| Food and/or energy bars | N95 (or better) breathing masks |
| Emergency blanket/sleeping bag | Leather-palmed gloves |
| First aid supplies (see below) | Tissues, toilet paper, baby wipes |
| AM/FM radio–solar, battery (extra batteries) or wind-up | Bags for disposal of biohazard (human) waste |
| Flashlight–solar, battery (extra batteries, bulb), crank | Antibacterial hand wipes |
| Medications (check with your doctor, and rotate stock) | Sealable plastic bags for disposal of trash |
| Eyedrops (dust fighter) | Small writing pad and pen/pencil |
| Small bottle of sunscreen | Walking shoes and socks |
| Cash (small bills and change) | Cap or hat (or hardhat) |
| Contact lens supplies (if applicable) | Hooded jacket and/or sweatshirt |
| Hearing aid batteries (if applicable) | Whistle on a neck cord |
| List of prescription numbers, name of drugs, and dosage | Sunglasses and reading glasses |
| Phone numbers of doctors and pharmacies | Maps (Valley, L.A., city and state) |
| Personal phone book/out-of-state contacts | Compass (GPS receivers don't work everywhere) |
| Email addresses | Fan (personal) |
| Exam gloves (nitrile, non-latex) | Water (1 gallon/person/day minimum) |
| Triangular bandages (several) | Spade (for digging, etc.) |

Suggested Additional Backpack Items

General Items

- Extra water
- Additional food bars
- Snack items (freeze-dried fruit, unsalted nuts, etc.)
- Extra batteries for radio and flashlight (if applicable)
- Personal hygiene products
- Swiss army knife or all-purpose tool
- Bandanas (use as a sling, bandage, wet for personal cooling, etc.)
- Light sticks
- Head lamp
- Hand cream and chap stick
- Playing cards
- Water bottle or tank
- Water purification tablets
- Plastic poncho
- Jeans & belt
- T-shirt
- Waterproof matches/tinder

First Aid Kit in a Plastic Bag

- Small first aid book
- Hydrogen peroxide
- Antiseptic wipes (Bactine, peroxide, etc.)
- Antibiotic ointment with pain reliever
- Band-aids (various sizes)
- Gauze pads and rolls (various sizes)
- Tape (various kinds and sizes)
- Scissors, needle, and tweezers
- Alcohol wipes to sterilize above items
- Elastic bandages with clips
- Your favorite painkillers (aspirin, Tylenol, etc.)
- Eye wash, eye pads
- Burn gel and sting reliever
- Cold packs
- Examination gloves (nitrile, non-latex)
- Moleskin (or equivalent)

Enroll in CERT, CPR and First Aid classes now!



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Roadside Kit

Reflectors and road flares	Hammer
ABC fire extinguisher (flammable liquids & electrical)	Screwdrivers (assorted)
Safety goggles	Pliers (assorted)
Leather-palmed gloves	Wire cutters, dikes
N95 (or better) breathing masks	Wrenches (assorted)
Inverter (200 or 300 watt) (120 volts ac from battery)	Vinyl sheets (for lying or kneeling on)
Flashlight with extra batteries and extra bulbs	WD-40 or other lubricant
Crow bar, pry bar	Duct tape
Shovel	Scissors
Writing pad and pencils/pens	Electrical tape
Disposable camera	Radiator sealant
Car potty	Radiator hose tape
Car shades (for windshield and other areas of car)	Fuses (for <u>your</u> car) and fuse puller
"NEED HELP/OK" sign	Hose clamps (assorted)
Cell phone charger	Rags/paper towels
Bungee cords	Hand cleaner
Funnel	Glass cleaner
Siphon and hose	12-volt work/drop light
Jumper cables/terminal cleaner/emery boards	Know how to operate your vehicle's car jack
Tire pressure gauge	Warm blankets (for you and passengers)
Fix-A-Flat	Trash bags
Air pump/compressor (12 volt or manual)	Extra wiper blades (sealed)
Knife	Knee pads

Pet Kit

Miscellaneous items

Pet carrier
Leash/harness/collar
Spiral ground stake (screws into ground) and chain
Water and bowl (collapsible bowls are available)
Food, treats, and bowl (rotate food often -- talk with vet!)
Manual can opener and spoon (if needed)
Medications (rotate meds often -- talk with vet!)
Waterproof container with vet name, address, phone number, vaccination records, microchip and licensing info
Photos of your pet
Photos of you with your pet (to establish ownership)
Litter, scoop, liners, freshener
Boxes/litter pans for kitties
Plastic bags for disposal of used litter
Bedding, toys
Brush/comb

Pet First Aid Kit Containing (at minimum)

Pet first aid guide (read it now!!!)
Antiseptics, sting and burn medication
Eye wash
Gauze and pads
Tape (various sizes)
Examination gloves (nitrile and non-latex)
Tissues
Hydrogen peroxide
Q-tips (sealed)
Antibiotic ointment
Tweezers, scissors, oral syringe
Disinfecting towelettes for cleaning
Paper towels
Sealable plastic bags for disposal of trash/waste
Dog repellent

If you have hamsters, guinea pigs, birds, rabbits, reptiles, amphibians, ponies, etc., don't forget supplies for them as well.

Learn Pet First Aid and Pet CPR now!